



PRIMARY PALLIATIVE CARE CONFERENCE 2014

Living and Dying Well in the Community -
The Future of Primary Palliative Care in Ireland

Thursday 15 May 2014
Ashling Hotel
Dublin 8

This conference is organised by the Collaborative Primary Palliative Care Programme, which is an initiative of the Irish Hospice Foundation.





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Key Note Speakers

■ Dr Paul Gregan:

Dr Paul Gregan is a Consultant in Palliative Medicine at Our Lady's Hospice & Care Services (Blackrock Hospice), and at St Michael's Hospital, Dun Laoghaire. He also works as a General Practice Principal in Deansgrange, Co. Dublin. He has a particular interest in the provision of palliative care at community level and in primary care. He has tutored on the Irish College of General Practitioners Palliative Medicine Certificate Course. He currently chairs the steering committee of the Collaborative Primary Palliative Care Programme and is also Chair of the Irish Association of Palliative Care. He is a self-confessed tennis addict.



**■ Professor Mayur Lakhani, CBE FRCP FRCGP
FRCP, Chairman of The National Council for
Palliative Care:**

Professor Mayur Lakhani CBE FRCP FRCGP, is a practising GP and active appraiser in Leicestershire. He was Chairman of the Royal College of General Practitioners from 2004 to 2007 and is an elected RCGP council member. In 2008 Professor Lakhani became Chairman of the National Council for Palliative Care (NCPC) which is the influential umbrella charity that promotes palliative and end of life care for all who need it across all sectors. He also chairs the Dying Matters Coalition which NCPC was asked by the Government in 2009 to set up and lead to help raise public awareness about dying, death and bereavement.

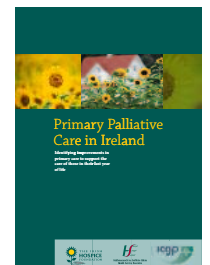


■ Shirley Fife:

NHS Lothian Macmillan Nurse Consultant Cancer & Palliative Care (primary care). I have been in this role since 1999, and over time have seen the role and what constitutes primary care expand. Prior to this I worked as a District Nurse in Edinburgh for 10 years and completed my MSC in Cancer Nursing, Edinburgh University 1998. I am passionate about the value of primary care in supporting people affected by malignant and non-malignant disease from the point of diagnosis to cure, care, death and bereavement. Looking forward to learning from what is happening in Ireland and sharing experiences from Scotland.

The Collaborative Primary Palliative Care Programme

In 2011, the Irish Hospice Foundation, in collaboration with the Irish College of General Practitioners and the Health Service Executive, published the joint report '*Primary Palliative Care in Ireland: Identifying improvements in primary care to support the care of those in their last year of life*'. This report, signposted a number of initiatives and projects that would weave the various strands of palliative care delivered by Primary Care into a stronger thread, resulting in more cohesive care delivered to each individual. Today's conference gives an opportunity to showcase Irish developments in primary palliative care in the past few years, many of which have been supported by the Collaborative Primary Palliative Care Programme and the Irish Hospice Foundation, and have been informed by emerging international practice. Through its work the Collaborative Primary Palliative Care Programme has developed strong links with the European Primary Palliative Care Taskforce and the International Primary Palliative Care Network.



The aim of the Collaborative Primary Palliative Care Programme is to identify and implement palliative care initiatives that will support primary care teams' responses to adults with advancing progressive diseases who live in the community. The Irish Hospice Foundation resources and acts as secretariat for the projects and initiatives that are emanating from the Programme. The Steering Committee is chaired by Dr Paul Gregan, who represents the Irish Palliative Medicine Consultants Association on the committee. The names of those participating on the steering committee are listed below and the membership represents the following organisations/professional groupings: Irish College of General Practitioners, Directors of Public Health Nursing, Directors of Specialist Palliative Care Nursing, All Ireland Institute of Hospice and Palliative Care, National Clinical Programme for Palliative Care, Irish Cancer Society, National Cancer Control Office, HSE Practice Nurses, and the Irish Hospice Foundation.

Collaborative Primary Palliative Care Programme – Steering Committee 2012-2014

Paddie Blaney	Rhonda Forsythe	Mary Lovegrove	Pauline Newnham
Tony Duffy	Dr Paul Gregan	Marie Lynch	Dr Kevin O'Doherty
Mary Ferns	Brian Lee	Michele Megan	Dr Eve O'Toole
Sinead Fitzpatrick	Dr Emer Loughrey	Sarah Murphy	David Walsh



Programme

9.00	Registration & Refreshments
9.30	Welcome Sharon Foley, CEO, Irish Hospice Foundation
9.35	Opening of Conference Alex White, TD, Minister of State for Primary Care
Chairperson: Dr Joe Clarke, General Practitioner, Primary Care Directorate, HSE	
9.45	Irish Perspective Dr Paul Gregan, GP and Consultant in Palliative Medicine, Dublin
10.15	Can Doctors Bring Dying Back into People's Homes? Find the 1% Professor Mayur Lakhani CBE FRCGP FRCP, Chairman of The UK National Council for Palliative Care
10.45	Q & A
11.00	Break
11.30	Irish Initiatives <ul style="list-style-type: none"> • GP Out-of-Hours Palliative Care Handover Project – Pilot in SouthDoc Dr Eamonn Shanahan, GP, Farranfore, Co Kerry • Dignity Care Intervention – Community Nursing Responding to End of Life Care Catriona Barry, Institute of Community Health Nursing • Making End of Life Care Even Better: Learning from the National End of Life Audit and Review System Pilot Dr Kathy McLoughlin, Compassionate Communities Coordinator, Milford Care Centre, Limerick Q & A
12.50	Personal Reflection Senator Jillian Van Turnhout
13.00	Lunch
Chairperson: Dr Margaret O'Riordan, MICGP, Medical Director, Irish College of General Practitioners	
14.15	Irish Initiatives <ul style="list-style-type: none"> • Nurse Prescribing in the Community Mary Corcoran & Mai Murphy CNS/RNP Palliative Care, Laois/Offaly SPC Team • Medicines Management in Primary Palliative Care Cliona Hayden, Senior Pharmacist, Our Lady's Hospice and Care Services, Dublin • The Compassionate Communities Project Jim Rhatigan, Milford Care Centre, Limerick • Think Ahead Dr Brendan O'Shea, Family Doctor & Lecturer in General Practice, Dept. Public Health & Primary Care, Trinity College Dublin Q & A
15.55	Lessons from Scotland Shirley Fife, Nurse Consultant Cancer & Palliative Care, NHS Lothian Community Health Partnerships, Scotland
16.30	Close Dr Paul Gregan, Chairperson Primary Palliative Care Programme



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Messages from International leaders in Primary Palliative Care

The World Health Organisation (WHO) calls for more palliative care in primary care. In January 2014, the WHO Executive Board approved a document entitled "Strengthening of palliative care as a component of integrated treatment within the continuum of care" which was supported by a number of Non Governmental Organisations, including our international group. In the WHO Executive Board has made recommendations which will be taken to the World Health Assembly in May 2014. These include:

- That member states should develop policies to support integrated palliative care services in the continuum of care, with emphasis on primary care, community and home-based care and universal coverage schemes.
- That financial and human resources should be set aside and services developed to integrate palliative care in all settings.
- That basic continuing education on palliative care should be integrated in all University medical and nursing curricula and that a ready supply of opioids should be available to all who need them.

A taskforce of the **European Association of Palliative Care** and the **WONCA Special Interest Group in Cancer and Palliative Care** has recently produced a Toolkit to facilitate the development of palliative care in the community. We live in exciting times for palliative care in the community. The WHO advocacy for palliative care in primary care and this practical toolkit should greatly encourage and help many countries to develop palliative care by primary care teams. I am delighted to see Ireland leading the way in developing primary palliative care.

Professor Scott A Murray WONCA Special Interest Group in Cancer and Palliative Care, Chairperson Primary Palliative Care Research Group in Edinburgh. **Website:** www.cphs.mvm.ed.ac.uk/groups/ppcrg/

The **International Primary Palliative Care Network** seeks to promote the vital role of primary care in the delivery of high quality to all people who need it. Our group has members from every continent, and has been instrumental in raising the awareness of the important role primary care has in delivering end of life care in all settings, to all people who need it. It has an advocacy role. Some members are also involved in research to improve the understanding of the needs of people at the end of life, how the involvement of primary care improves outcomes, and developing resources to improve the ability of primary care to deliver high quality care.

Primary Palliative care is developing very strongly in Ireland, and it is very pleasing to see this conference being conducted by the Irish Hospice Foundation. We trust that the conference will be a success, and a launch pad for further improvements in the care of people at the end of life in Ireland.

Professor Geoff Mitchell MBBS PhD FRACGP FACHPM, University of Queensland, Brisbane, Australia, Secretary, International Primary Palliative Care Network. **Website:** www.uq.edu.au/primarypallcare

The **Irish Hospice Foundation** was set up in 1986 and our mission is to achieve dignity, comfort and choice for all people facing the end of life. Originally established to fund and develop hospice services, over time, our work has expanded to embrace the needs of people dying in hospitals, at home and in other care settings, as well as those who cannot easily access hospice care because of the nature of their illness. We also promote discussion of a broad range of issues related to dying, death and bereavement, in order to identify what matters most to Irish people at the end of life, and how best to address their concerns. We believe that good end-of-life care is embodied by the hospice approach, which prioritises dignity and respect, seeks to relieve pain and distress, and facilitates people to live life as fully as possible to the end. We receive no core funding from the state, and we completely rely on fundraising to cover the cost of our programmes including all staff costs.

The Collaborative Primary Palliative Care Programme is part of the IHF Changing Minds Programme, which is co-funded by The Atlantic Philanthropies, a limited life foundation and the IHF. For further information contact: marie.lynch@hospicefoundation.ie

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