



# THE PEOPLE'S CHARTER ON DYING, DEATH AND BEREAVEMENT IN IRELAND

*In 2016 the Irish Hospice Foundation asked the people of Ireland what is needed for a good death and for healthy grieving.*

## WHAT DID ALMOST 2,600 PEOPLE HAVE TO SAY?

### I want to live and die in an Ireland where:

Death is talked about and not hidden away.

I can prepare for what lies ahead.

I can get relief from pain, no matter where I am being cared for or what condition I have.

I am treated as an individual and my wishes, choices and beliefs are respected.

I, and the people who care for me, can get the practical services and support that we need.

I can get information to understand what is happening to me.

There is the support to help me cope with worries or distress.

I can die, surrounded by people I love, in a calm and comfortable place. In my home, if at all possible.

I am supported to stay in control of my own decisions.

My dignity is respected and maintained to the end of my life, and after my death.

### For the people who matter to me, I want Ireland to be a country where:

People understand grief and do not avoid thinking or talking about it.

Family and friends are supported during a loved one's illness and after their death.

People get space and time to grieve, talk and remember.

We present this first draft Irish Charter on Dying, Death and Bereavement based on the views of almost 2,600 people in Ireland. Help us encourage more and more people to have their say by rolling out the charter in your community, workplace, family, or organisation.

It's time to have your say... You can do so at [hospicefoundation.ie/haveyoursay](http://hospicefoundation.ie/haveyoursay)

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