

# LIBRARY COLLECTION



The Thérèse Brady Library was established in 2003 to support the Irish Hospice Foundation's information and education functions. It houses a collection of over 4,000 items on death, dying, and palliative and hospice care and has a specialist focus on bereavement resources.

While the library is primarily reserved for staff and students of the Irish Hospice Foundation, public access and a professional membership option are available.

## CONTACT

### INFORMATION & LIBRARY MANAGER

Laura Rooney Ferris

### ADDRESS

Irish Hospice Foundation  
Morrison Chambers  
32 Nassau St  
Dublin 2

### PHONE

+353 -(0) 1-6753988  
+353- (0) 6755975

### E-MAIL

[laura.rooneyferris@hospicefoundation.ie](mailto:laura.rooneyferris@hospicefoundation.ie)

### ON THE WEB

[www.hospicefoundation.ie/bereavement](http://www.hospicefoundation.ie/bereavement)



The Irish  
**Hospice  
Foundation**

Striving for the best care  
at end of life for all

## Bereavement Resources

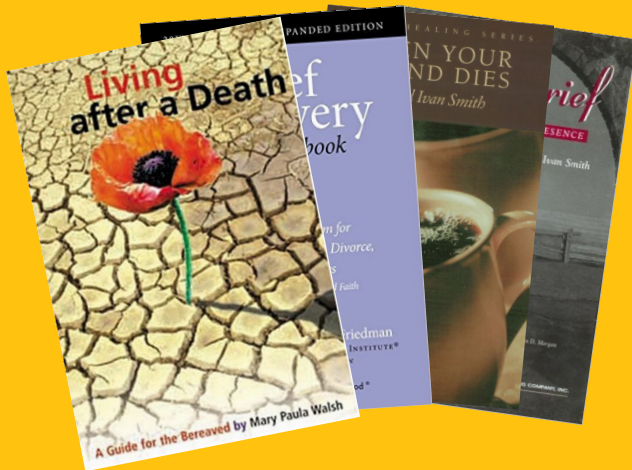
**Grieving the  
death of  
someone close**



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# RECOMMENDED RESOURCES

## BOOKS



### ***Living after a death***

by Mary Paula Walsh (2005)

### ***The grief recovery handbook***

by John W. James and Russell Friedman (2009)

### ***When your friend dies***

by Harold Ivan Smith (2002)

### ***Friendgrief: An absence called presence***

by Harold Ivan Smith (2001)

## ONLINE RESOURCES

### **What's Your Grief?**

[www.whatsyourgrief.com](http://www.whatsyourgrief.com)

Written by two mental health professionals with years of experience in bereavement, *What's Your Grief* features practical advice for bereaved people on coping with grief and moving forward after loss.

### **Good Life, Good Death, Good Grief**

[www.goodlifedeathgrief.org.uk](http://www.goodlifedeathgrief.org.uk)

This site is a collaboration of individuals and organisations that aim to raise awareness of ways of dealing death, dying and bereavement. It features many helpful resources for those grieving the death of someone close.

THERE IS NO  
RIGHT WAY TO  
GRIEVE.

Grief is how a bereavement affects us personally. This experience can be particularly hard when someone close to us dies.

Coping with loss means making sense of the loss and learning to live without that person. This is the work of grieving.

For more information on coping when you are grieving the death of someone close, browse the resources listed here.