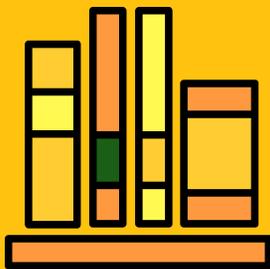


# LIBRARY COLLECTION



The Thérèse Brady Library was established in 2003 to support the Irish Hospice Foundation's information and education functions. It houses a collection of over 4,000 items on death, dying, and palliative and hospice care and has a specialist focus on bereavement resources.

While the library is primarily reserved for staff and students of the Irish Hospice Foundation, public access and a professional membership option are available.

## CONTACT

### INFORMATION & LIBRARY MANAGER

Laura Rooney Ferris

### ADDRESS

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32 Nassau St  
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### PHONE

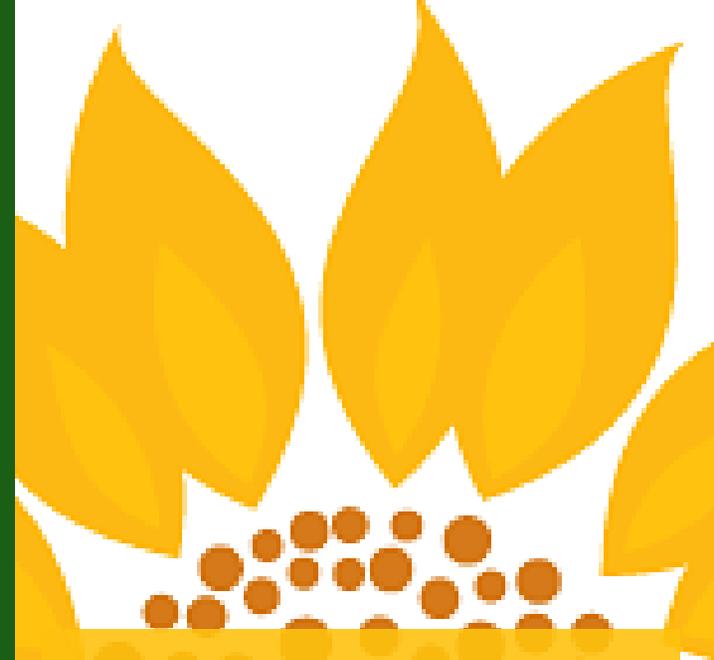
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### ON THE WEB

[www.hospicefoundation.ie/bereavement](http://www.hospicefoundation.ie/bereavement)



## Bereavement Resources

**Living through  
the death of  
your partner  
or spouse**



# RECOMMENDED RESOURCES

## BOOKS



***The year of magical thinking***

by Joan Didion (2005)

***Time without you: Moving through the rooms of grief***

by Mary Brady (2009)

***It's OK to laugh (crying is cool too)***

by Nora McInerney Purmot (2016)

***A scattering***

by Christopher Reid (2009)

***The empty bed: Bereavement and loss of love***

by Susan Wallbank (2010)

***Why not me? A story of love and loss***

by Barbara Want (2011)

## ONLINE RESOURCES

**Cruse Bereavement Care:**

**The death of a partner**

[www.cruse.org.uk/publications/fact-sheets](http://www.cruse.org.uk/publications/fact-sheets)

This leaflet, written by Cruse Bereavement Care counsellors, details the impact the death of a partner can have on an individual.

**Widow.ie**

<http://www.widow.ie/>

An Irish site offering support and discussion forums for widows and widowers.

**Irish Hospice Foundation:**

**Coping with the death of a partner or spouse**

<https://www.youtube.com/watch?v=vefOTVrpHKg>

This video features Dr. Helen Greally offering advice to widows and widowers.

THE DEATH OF YOUR PARTNER AT ANY AGE IS ONE OF THE MOST CHALLENGING EVENTS OF YOUR LIFE.

How you grieve depends on many factors, including how long you were together, whether their death was sudden or expected, the support you have afterwards, your financial situation and, most importantly, whether, over time, you are able to make sense of what has happened.

For more information on coping when you are grieving the death of a partner or spouse, browse the resources listed here.