

About me

What is important to me?

What I would like should I become ill?

Physical

Example: My feet get cold, please leave my socks on. I like to have make up on and my hair brushed

Spiritual

Example: I like to listen to classical music/ meditation. I want religious items around

The People I like to spend time with

Example: If possible, my brother, my niece, my friend

What I would like around me

Example: A photo of my family , a photo of cat/dog

A few of my favourite things

Example: Watching sports; reading the newspaper, having it read to me

Things I don't want

Example: Broccoli, baked beans, getting up early, the noise of the vacuum.