



Irish Hospice Foundation  
**Bereavement  
Support Line**  
**1800 80 70 77**



The Bereavement Support Line, set up by Irish Hospice Foundation in partnership with the HSE, is a freephone service available mornings Monday to Friday. It provides a confidential safe space for those who have lost a loved one, friend or colleague, to talk about their loss and grief. Whilst not a counselling service, it is designed to provide connection, comfort and support for those who are grieving as well as information on how to access counselling or community services if appropriate.

**The Bereavement Support Line is a national freephone service 1800 80 70 77, available from 10am to 1pm, Monday to Friday.**

- We aim to provide a confidential space for people to speak about their experience
- We will listen to what a person says about what has happened
- We will do our best to provide comfort and emotional support
- We will provide any information that might help the caller, including information on practical supports
- We will provide information and guidance for employers or professionals



### Who can call?

Any adult who:

- Has been recently bereaved
- Is concerned about somebody else who has been bereaved
- Is finding a previous bereavement feels more difficult at this time
- Wants to find out about guidance and resources their workplace can offer in relation to bereavement

### Bereavement & Loss

Our Bereavement & Loss Hub is home to resources on grieving in exceptional times, including supporting yourself and others, facing a loss, grief in the workplace and supporting bereaved children.

For more information, visit [www.bereaved.ie](http://www.bereaved.ie)

