

Other Bereavement Resources:

Irish Childhood Bereavement Network
www.childhoodbereavement.ie

Bereavement Support Materials

A range of Bereavement Support leaflets are listed on IHF's Bereavement and Loss Hub at bereaved.ie. Hard copies are also available by calling IHF on (01) 679 3188 or emailing info@hospicefoundation.ie

Bereavement & Loss Hub
www.bereaved.ie



We are here to listen, in confidence

Bereavement Support Line
Freephone 1800 80 70 77.
Available Monday to Friday, 10am-1pm.
In partnership with the HSE.



Irish Hospice Foundation
Morrison Chambers,
32 Nassau Street,
Dublin 2,
D02 YE06

hospicefoundation.ie
info@hospicefoundation.ie

Registered Charity Number:
20013554 / CHY6830



Irish Hospice Foundation
**Bereavement
Support Line**
1800 80 70 77



What is the Bereavement Support Line?

The Bereavement Support Line, set up by Irish Hospice Foundation in partnership with the HSE, is a freephone service available mornings Monday to Friday. It provides a confidential safe space for those who have lost a loved one, friend or colleague, to talk about their loss and grief. Whilst not a counselling service, it is designed to provide connection, comfort and support for those who are grieving as well as information on how to access counselling or community services if appropriate.

Who can call?

The Bereavement Support Line is open to any adult who:

- Has been bereaved.
- Is concerned about somebody else who has been bereaved.
- Is finding a previous bereavement difficult.
- Wants to find out about guidance and resources their workplace can offer in relation to bereavement.

It is available for over-18s only. For resources and information for child, teen or adolescent loss, see www.hospicefoundation.ie/childrens-bereavement

What are the opening hours?

The service operates Monday to Friday from 10am-1pm. If you call outside of those hours, you will have the option to request a callback and a member of the Bereavement Support Line team will then contact you during operational hours.

Is the service really confidential?

Our Bereavement Support Line team is empathetic and understanding. We offer a confidential safe space for those who are bereaved and no calls are recorded. From time to time, we use generalised, anonymous extracts from the range of calls we receive, to illustrate the impact of the Bereavement Support Line.

“I feel a very strong connection with the callers at the time of the call. I always I feel I just might be able to help them, even in a small way. I feel safe and supported by IHF staff also, that is a great comfort to me”

Eric - Bereavement Support Line Volunteer

Hear what others have said

Some of the typical comments our callers make about the Bereavement Support Line.

“I feel like a weight has been lifted”

“I’m so delighted I rang you”

“Thank you for letting me cry”

